



**Maritime Conference of the Seventh-day Adventist Church Inc.**

Camp Pugwash 2018

2171 Gulf Shore Road Pugwash NS B0K 1L0 902.243.2097

**2018 MEDICAL STATION CHECK LIST**

Dear Parents/Guardians,

New regulations are suggesting that we provide for you a list of the stock medications that may be used in the first aid station. We would request that you **review them** and check the ones that you would approve for us to use for your child should he/she become ill.

**Please bring completed form to camp on registration day.**

Camper Name \_\_\_\_\_

**HEAD ACHE/FEVER/PAIN**

- \_\_\_ Tylenol (generic/other brand)
- \_\_\_ Ibuprofen (generic/other brand)

**NAUSEA/VOMITTING**

- \_\_\_ Pepto-Bismal
- \_\_\_ Gravol (or generic/natural)

**CONSTIPATION**

- \_\_\_ Ex-lax

**DIARRHEA/STOMACH UPSET**

- \_\_\_ Immodium
- \_\_\_ Pepto Bismal
- \_\_\_ Gravol

**NATURAL REMEDIES**

- \_\_\_ Oil of Oregano (colds/flu)
- \_\_\_ Charcoal (nausea/diarrhea)
- \_\_\_ Oil of Oregano (topical for infection)
- \_\_\_ Charcoal (topical for infection)
- (as deemed necessary by first aid staff)

**ALLERGIES**

- \_\_\_ Benadryl
- \_\_\_ Claritin
- \_\_\_ Reactin
- \_\_\_ Epinephrine (Epi-Pen)
- (Anaphylaxis reaction only)

**COLD MEDICATIONS**

- \_\_\_ Advil Cold and Sinus
- \_\_\_ Cough drops (various brands)
- \_\_\_ Throat lozenges (various brands)

**WOUNDS**

- \_\_\_ Alcohol (rubbing)
- \_\_\_ Polysporin (generic)
- \_\_\_ H<sub>2</sub>O<sub>2</sub> Peroxide

**TOPICAL**

- \_\_\_ After bite
- \_\_\_ Mosquito spray
- \_\_\_ Calamine lotion
- \_\_\_ Solarcaine
- \_\_\_ Aloe Vera
- \_\_\_ Epsom Salts (soak for infection)
- \_\_\_ Head lice medication (any brand)
- \_\_\_ Sunscreen

Please list any and all allergies to food, drugs, and/or the environment: \_\_\_\_\_

Please list any other medical concerns or illnesses: \_\_\_\_\_

Other Comments: \_\_\_\_\_

I hereby grant permission to the camp First Aid staff member or designate to administer the above listed prescription or non-prescription medications.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_